8th Grade Trip Medication Guidelines

The trip nurse must administer ALL medications including over the counter medications such as Advil, Motrin (Ibuprofen)/Tylenol (Acetaminophen) and allergy medications. The student *may not* carry or self-administer ANY medications other than asthma inhalers and epi-pens that have been cleared by the Health Office. It is requested that only those medications that are absolutely necessary be sent for administration by the nurse. Medications such as vitamins, which can be given at home the morning of departure and again the evening that the student returns, should <u>not</u> be sent on the trip. Any student found to be in possession of any medication not cleared by the Health Office will have the medication confiscated and may be subject to disciplinary action.

The school nurse will review medications listed by the parent on the Student Overnight Trip Application Form (FORM B). Adequate time is needed to confirm and prepare medication lists for the trip nurse. All deadlines and instructions for medication drop off and pick up will be strictly adhered to.

Instructions -

- 1. Complete and sign the Medical Questionnaire/Medications List on FORM B pages 1 and 2 of the BRMS Student Overnight Trip Form.
- 2. If your child has any medications and orders already on file in the Health Office (i.e. epi-pen, asthma inhaler), those medications and orders will accompany the nurse on the trip. It is <u>not</u> necessary to complete the Medication Order Form (FORM E) again.
- 3. Medication Order Form (FORM E) is ONLY required for over the counter medications other than Advil, Motrin (Ibuprofen)/Tylenol (Acetaminophen) or prescription medications other than those with orders in the Health Office. <u>All paperwork must be filled out by the prescribing physician and accompany medication.</u>
- 4. All medications must be brought directly into the Health Office by a parent, in the original pharmacy container, clearly labeled with the student's name, medication name and dosage.
- 5. Supply only the exact amount of medication to be administered on the trip and leave the remainder of medication at home.
- 6. It is not necessary to bring in Advil, Motrin (Ibuprofen)/Tylenol (Acetaminophen).
- 7. Pick up all unused medications no later than one week after the trip or the medication will be disposed of according to New Jersey State regulations.

Should you have any questions concerning medications or health issues, please contact the Health Office directly at 908-231-8661 x-136.